There's No Place Like Here

<u>August 3rd, 10th, 17th, 24th, 31st</u> - Bowling, \$7. BE AT THE DAY HAB NO LATER THAT 9:30AM. Do not meet at Armadillo Lanes. Wear your TNPLH t-shirt. Summer league runs from June - August. The fee for bowling has increased to \$7 a week from now on.

<u>August 6th or 27rd</u> - Library. We will leave the day hab at 9:45am to go to the library for a story and craft. You may check out books but it is your responsibility to return them. The books can be returned to either the central library or Fairmont branch. If you do not have a card and would like one bring your current ID and you can fill out a form to get a card. You may sign up to go to the Library on the 9th **OR** 23rd. Wear your TNPLH shirt.

August 8th - Sign Language With Suzanne. Suzanne will join us and teach us some general signs and a song.

<u>August 13th - 17th - Staycation Week.</u> We will explore the different destinations without leaving the day hab. Wear clothes that is distinctive for that destination.

<u>August 22nd</u> - Nurse Explains. The nurses will talk about self exams. The men and women will split up and the nurses will talk about self exams and general health care for men and women.

<u>August 29th</u> - **Michael Jackson's Birthday.** We are celebrating Michael Jackson's birthday. Dress up like Michael Jackson, wear a white glove or maybe a Michael Jackson t-shirt. We will learn the moonwalk and listen to his music.

The 2019 Arts For All Festival is March 23, 2019^h.

If you have a question or need information about day hab please ask Terri. The calendar will be posted on the website by the 1st of the month. www.theresnoplacelikehere.com

THIS & THAT

- When we go on field trips and request a sack lunch please only pack food in a paper or plastic bag (NO LUNCH BOXES).
 Everything in the lunch should be able to be thrown away when we finish eating.
- Please send cash for outings.
- © Please bring a lunch on Fridays that does not need to be heated up. If we get back late from bowling its after 1pm before everything is heated up and we get to eat. Thanks for your cooperation in this matter.
- <u>Lunch time heat Up</u> Please check the time it takes to heat up frozen dinners. KEEP THE FROZEN DINNERS TO 5 MINUTES OR LESS. We have had a lot of 8 12 minutes dinners lately and it is making us eat later and later.
- © Stop by the card table and see what's new. They are only \$1.00 each which includes the envelop. Remember we have gift bags and gift tags for those special gifts.
- © Day Hab hours are 9:00am 3:00pm. There is a fee for early drop off and late pick up.
- Thank you for all the aluminum cans. Please rinse them before bringing them to the day hab.

⇒⇒YOU <u>MUST</u> WEAR YOUR TNPLH SHIRT ON FIELD TRIPS, BOWLING AND OUTINGS. ⇔ ⇒ THIS HELPS US TO EASILY IDENTIFY THE GROUP WHEN WE ARE OUT IN THE COMMUNITY. ⇔ PLEASE CHECK YOUR CALENDAR EVERYDAY SO YOU KNOW WHEN TO WEAR YOUR SHIRT AND WHAT ACTIVITIES ARE PLANNED.

THE ACTIVITY PERMISSION FORM MUST BE SIGNED AND RETURNED TO ATTEND OUTINGS.