

There's No Place Like Home
DAY HAB HOURS ARE 9:00AM - 3:00PM

September 4th, 11th, 19th, 25th, October 2nd, 9th, 17th, 23rd, 30th - **Nutrition Class.** This is an 8 - week class led by Alicia Bradley from Texas A&M Agrilife Extension. It covers nutrition, menu planning, how to grocery shop, labels, exercise and much more. Everyone who registers will receive informative booklets and giveaways throughout the class. Each person will receive a certificate at the end of the class if they attend at least 6 classes. We would also like to invite any parents that are interested in the class to attend. Just let me know ahead of time so Alicia will bring enough supplies. The supplies are also available in Spanish.

September 6th, 13th, 20th, 27th - **Bowling, \$7.** BE AT THE DAY HAB NO LATER THAT 9:30AM. Do not meet at Armadillo Lanes. Wear your bowling t-shirt. The bowling luncheon is Sept. 6th. The Fall\Spring League will begin September 13th. The fee for bowling has increased to \$7 a week from now on. **There's no staff left at day hab.**

September 10th - **TNPLH Craft Fair Meeting.** Calling all volunteers. We will discuss the 2nd Annual TNPLH Craft Fair scheduled for October 12th.

September 16th - **Fairy Tale Monday.** Our crafts, music and activities will center around fairy tales. If you have a fairy tale character costume you can wear it.

September 18th - **Sea Center Texas and Lunch, \$20.** Sea Center Texas is a marine aquarium, fish hatchery and education center located on 75 acres in Lake Jackson, Texas. There is also a fishing pond we will fish in. The fishing gear and bait are available on site. Bring \$20 for lunch, a hat and apply sunscreen before you come to day hab. Meet at the center at 8:15am and we will leave at 8:30am. Wear your TNPLH t-shirt. **Space is limited. Activity permission form must be turned in by Friday, September 13th to attend this field trip. There will not be any staff left at the day hab during this field trip.**

September 30th - **Library.** Everyone will leave the day hab at 9:45am to go to the library for a story and craft. You may check out books, but it is your responsibility to return them. The books can be returned to either the central library or Fairmont branch. If you do not have a card and would like one bring your current ID and we can fill out a form to get a card. Wear your new TNPLH shirt. **NO STAFF WILL BE LEFT AT THE DAY HAB.**

WE NEED 10 OUNCE JARS WITH LIDS. THE SIZE MARASCHINO CHERRIES COME IN.

The 2nd Annual TNPLH Craft Fair is Saturday, October 12, 2019. Craft tables still available.

The 2020 Arts For All Festival is March 28, 2020.

If you have a question or need information about day hab please ask Terri. The calendar will be posted on the website by the 1st of the month. www.theresnoplacelikehere.com

THIS & THAT

- ☺ When we go on field trips and request a sack lunch please only pack food in a paper or plastic bag (**NO LUNCH BOXES**). Everything in the lunch should be able to be thrown away when we finish eating.
- ☺ Please send cash for outings.
- ☺ Please bring a lunch on Fridays that does not need to be heated up. If we get back late from bowling its after 1pm before everything is heated up and we get to eat. Thanks for your cooperation in this matter.
- ☺ **Lunch time heat Up** - **Please check the time it takes to heat up frozen dinners. KEEP THE FROZEN DINNERS TO 5 MINUTES OR LESS. We have had a lot of 8 - 12 minutes dinners lately and it is making us eat later and later.**
- ☺ Stop by the card bookcase and see what's new. ***We are designing new stamped cards.*** They are only \$1.00 each which includes the envelop. Remember we have gift bags and gift tags.
- ☺ Day Hab hours are 9:00am - 3:00pm. There is a fee for early drop off and late pick up.
- ☺ Thank you for all the aluminum cans. Please rinse them before bringing them to the day hab.

⇒⇒**YOU MUST WEAR YOUR TNPLH SHIRT ON FIELD TRIPS, BOWLING AND OUTINGS.**⇐⇐

⇒⇒**THIS HELPS US TO EASILY IDENTIFY THE GROUP WHEN WE ARE OUT IN THE COMMUNITY.**⇐⇐
PLEASE CHECK YOUR CALENDAR EVERYDAY SO YOU KNOW WHEN TO WEAR YOUR SHIRT AND WHAT ACTIVITIES ARE PLANNED.

THE ACTIVITY PERMISSION FORM MUST BE SIGNED AND RETURNED TO ATTEND OUTINGS.

ACTIVITY PERMISSION FORM

Due to transportation issues and planning we need to know who will be attending field trips, outings and parties. This form **must** be returned before you are eligible to go on the field trip.

Nutrition Class - September 4th, 11th, 19th, 25th, 2nd, 9th, 17th, 23rd, 30th at 10am - FREE

_____ will attend
Name

_____ will not attend
Name

_____ will attend
Name

_____ will not attend
Name

Fall Spring Bowling League - Fridays, September - May. \$7 a week

_____ will attend

_____ will not attend

Sea Center Texas & Lunch - Wednesday, September 18th. \$20 Be at day hab at 8:15am **THERE WILL BE NO STAFF LEFT AT THE DAY HAB.**

_____ will attend
Name

_____ will not attend
Name

Paid _____

LIBRARY - 9:45am. Monday, September 30th **THERE WILL BE NO STAFF LEFT AT THE DAY HAB.**

_____ will attend
Name

_____ will not attend
Name

THIS FORM MUST BE RETURNED ASAP

parent or guardian signature